



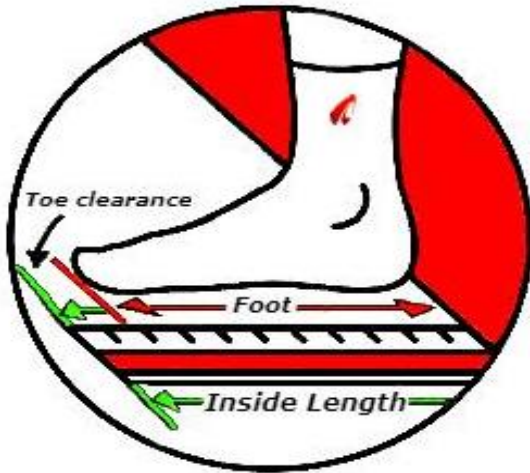
Sizing is easy, order your regular sneaker size, but go up one size if you have big wide feet.

**Or, you can follow this sizing method...**

Place your heel against a wall and measure out to the end of your big toe.

The boot's **inside length** (listed below) should be **15-20mm longer** than your feet.

This measurement gives you the correct toe clearance for safety and comfort.



**NOTE**

This is a general shoe / boot size chart and is intended to be used as a guide only. Fitment may not be exact, depending on international conversions and differing manufacturer specifications

95% of our customers receive the correct size first time, but if you find that you need to exchange, please don't panic as we will work quickly with you to exchange sizes.

Men's Sizing		
EURO	USA	NOTE
38	4	255mm inside length
39	5	260mm inside length
40	6	265mm inside length
41	7	270mm inside length
42	8	280mm inside length
43	9	285mm inside length
44	10	290mm inside length
45	11	300mm inside length
46	12	305mm inside length
47	13	310mm inside length
48	14	315mm inside length
49	15	320mm inside length
50	16	325mm inside length

Women's Sizing		
EURO	USA	NOTE
35	4	240mm inside length
36	5	245mm inside length
37	6	250mm inside length
38	7	255mm inside length
39	8	260mm inside length
40	9	265mm inside length
41	10	270mm inside length
42	11	280mm inside length

Youth Sizing		
EURO	USA	NOTE
32	1	225mm inside length
33	1.5	230mm inside length
34	2	235mm inside length
35	2.5	240mm inside length
36	3	245mm inside length
37	4	250mm inside length
38	5	255mm inside length
39	6	260mm inside length
40	6.5	265mm inside length
41	7	270mm inside length

mm foot	EU Sizing
313	50
307	49
300	48
293	47
287	46
280	45
273	44
267	43
260	42
253	41
247	40
240	39
233	38
227	37
220	36
213	35
207	34
200	33
193	32

mm insole	US Mens Sizing
325	16
320	15
315	14
310	13
305	12
300	11
290	10
285	9
280	8
270	7
265	6
260	5
255	4

mm insole	US Womens Sizing
280	11
270	10
265	9
260	8
255	7
250	6
245	5
240	4

mm insole	US Youth Sizing
270	7
265	6½
260	6
255	5
250	4
245	3
240	2½
235	2
230	1½
225	1